READING GUIDE

SOUTHERN AFRICA

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to reading.longitudebooks.com/MI11042.

ESSENTIAL

**Item EXSAF264.** Buy these 5 items as a set for $109 including shipping, 15% off the retail price. With free shipping on anything else you order.

*Gerald Hinde*

**Africa’s Big Five**
2005, HARD COVER, 144 PAGES, $39.95
Bestseller. Gerald Hinde teamed up with colleagues William Taylor and Richard du Toit for this portrait of the lion, elephant, leopard, rhino and buffalo, featuring hundreds of color photographs by the accomplished trio. (Item AFR178)

*Isabel Balseiro (Editor), Tobias Hecht (Editor)*

**South Africa, A Traveler’s Literary Companion**
2009, PAPER, 239 PAGES, $14.95
This diverse collection of short stories reveals South Africa through the eyes of its writers, including numerous renowned names such as Nadine Gordimer, J.M. Coetzee and Alan Paton. (Item SAF236)

*Vincent Carruthers (Editor), Kenneth Newman (Illustrator)*

**The Wildlife of Southern Africa, A Field Guide to the Animals and Plants of the Region**
2008, PAPER, 320 PAGES, $29.95
With 1,200 color illustrations by a range of experts, this compact field guide includes all the birds, mammals, reptiles, amphibians, insects, fish and plants that a traveler is likely to encounter in Southern Africa. (Item SAF59)

*David Lambkin*

**National Geographic South Africa**
2009, PAPER, 320 PAGES, $25.95
Profusely illustrated and compact, this guide includes excellent information on history, nature and culture, with maps and color photography. (Item SAF224)

Globetrotter

**South Africa Travel Map**
2008, MAP, $8.95
A colorful map at a scale of 1:2,400,000. (Item SAF09)

ALSO RECOMMENDED

*ITMB*

**Southern Africa Regional Map**
2008, MAP, $12.95
A double-sided map of the continent south of the Zambezi River, at a scale of 1:2,125,000, with color photographs and notes on parks and major attractions. (Item SAF63)

*Chris McIntyre*

**Botswana, the Bradt Safari Guide**
2010, PAPER, 518 PAGES, $26.99
With comprehensive coverage of history, flora, fauna and practicalities, this third edition presents Okavango, Chobe, the Kalahari and other popular destinations in absorbing detail. (Item BOT18)

*David Holt-Biddle*

**Culture Smart! South Africa**
2007, PAPER, 168 PAGES, $9.95
This handy guide will help you navigate local customs, etiquette and culture. (Item SAF169)

*Insight Guides*

**Insight Guide South Africa**
2011, PAPER, 384 PAGES, $24.99
South Africa is brought to life in hundreds of color photographs and vividly written essays by a team of experts. Panoramic in scope, the guide takes us from Johannesburg out into the veldt, providing genuine insight into the history, nature and modern politics of this complex land. (Item SAF21)
Lonely Planet Southern Africa
2010, PAPER, 808 PAGES, $32.99
This hefty practical guide to the nine nations of southern Africa, including Botswana, Namibia, Zambia, Zimbabwe, South Africa, Swaziland, Malawi, Mozambique and Lesotho, is ideal for independent travelers on a multicountry tour. (Item SAF121)

Eyewitness Guides
Eyewitness Guide South Africa
2011, PAPER, 408 PAGES, $27.00
This superb guide features color photography, dozens of excellent local maps and a region-by-region synopsis of the country's attractions. (Item SAF138)

Chris McIntyre
Bradt Guide Zambia
2008, PAPER, 518 PAGES, $27.99
Safari guide McIntyre's practical and detailed overview of Zambia, its history, culture, attractions and natural history with color photographs, local maps and excellent travel information. Fourth edition. (Item ZMB01)

Rian Malan
My Traitor's Heart
2000, PAPER, 425 PAGES, $15.00
The Afrikaner and journalist recounts his return to his homeland just before the collapse of Apartheid. Malan grapples with the black and white heart of South Africa, drawing on the 300-year history of his family in Africa, legends of the Zulu nation and some brutally honest reporting. (Item SAF19)

Nelson Mandela
Long Walk to Freedom
1995, PAPER, 640 PAGES, $17.99
An unpretentious tale of an extraordinary life, Mandela's autobiography is essential reading for an understanding of South Africa. His grace and his love for his country shine throughout. (Item SAF15)

Robyn Scott
Twenty Chickens for a Saddle
2009, PAPER, 464 PAGES, $15.00
Haphazardly schooled by her free-spirited mother and left to roam the bush, Scott writes with warmth and candor of her unconventional upbringing in Botswana, including her Grandpa Ivor (personal pilot to the first president of Botswana), physician father's work, unfortunate pets, siblings and adventures. (Item SAF203)

Richard Estes
The Safari Companion
1999, PAPER, 459 PAGES, $30.00
An invaluable encyclopedic guide to Africa's mammals by a noted scientist. Written with the typical safari-goer in mind, this perennial bestseller includes black-and-white drawings, an overview of each group and in-depth information. (Item AFR06)

Jonathan Kingdon
Kingdon Pocket Guide to African Mammals
2004, PAPER, 272 PAGES, $24.95
An artist and biologist, Kingdon provides both delightful full-color illustrations and informative text. (Item EAF128)

Peter Alden
National Audubon Society Field Guide to African Wildlife
1995, PAPER, 988 PAGES, $24.95
This comprehensive photo guide covers 850 birds, mammals and reptiles of Africa. With range maps and a good country-by-country overview of habitats and parks. (Item AFR25)

Kenneth Newman
Newman's Birds of Southern Africa
2010, PAPER, 538 PAGES, $26.00
This commemorative tenth edition celebrates the contribution of the late author, Kenneth Newman, fully revised and updated by his daughter, Vanessa Newman, to reflect the latest research, taxonomy and common names. (Item SAF29)
WARNING: The US State Department and most Western nations advise that you exercise extreme caution when visiting SA. South Africa has a very high level of crime and crime is the primary security threat to travelers and locals alike. Violent crimes, including rape and murder, routinely occur and have involved foreigners. Muggings, armed assaults and theft are also frequent, often occurring in areas that are popular among tourists. Southern Africa is the southernmost region of the African continent, variably defined by geography or geopolitics, and including several countries. The term southern Africa or Southern Africa, generally includes Angola, Botswana, Eswatini (also known as Swaziland), Lesotho, Malawi, Mozambique, Namibia, South Africa, Zambia, and Zimbabwe, though Angola may be included in Central Africa and Malawi and Mozambique in East Africa. From a political perspective the region is said to be unipolar with South